



Rita A. Patel Institute of Physiotherapy

The Charutar Vidya Mandal (CVM) University



**INTERNAL EXAMINATION
JANUARY – 2026
BACHELOR OF PHYSIOTHERAPY
FIRST SEMESTER**

Course Name: Introduction to Healthcare delivery system in India

Course Code: BPT-105

Date: 20/01/2026

Time: 11:00 am to 12:00 pm

Total Marks: 30

Instructions:

1. Examinees must bring their ID card every day.
2. Read the questions carefully.
3. You must not talk to, attempt to communicate with or disturb another candidate.
4. Possession of a mobile phone and any other material is prohibited.

A. Multiple Choice Questions (All compulsory)

(6x 1 = 6)

- Write down the one correct answer for MCQ in supplementary.

1. What is the most appropriate aim of epidemiology?

- a. To cure diseases
- b. To identify disease patterns and causes
- c. To treat individual patients
- d. To perform diagnostic tests

2. Factors such as age, sex, occupation, and lifestyle are studied under which category?

- a. Disease frequency
- b. Determinants of disease
- c. Disease distribution
- d. Case fatality rate

3. On which date was the first International Day of Yoga celebrated by the Ministry of AYUSH?

- a. 21st June 2013
- b. 21st June 2014
- c. 21st June 2015
- d. 1st July 2014

4. Which best explains how communities contribute to healthcare delivery?

- a. Only fund hospitals
- b. Identify needs, improve access, and train health workers
- c. Replace doctors completely
- d. Build hospitals alone

5. Which initiatives reduce financial barriers to healthcare in India?

- a. NHM
- b. Ayushman Bharat & PMJAY
- c. Digital health apps
- d. Building medical colleges

6. Which of the following is a domestic challenge faced by institutions?

- a. Political and foreign exchange risks
- b. Entry as an independent overseas institution is difficult
- c. Lack of proper infrastructure and corruption
- d. Problems in partnerships and financial control

B. Write Short notes (Any Two)

(2 x 2 = 4)

1. Write down six essentials of Unani medicine.
2. Explain the meaning of epidemiology and mention its main components.
3. Briefly explain any two major issues faced by the healthcare delivery system in India.

C. Write Short notes (Any Two)

(5 x 2 = 10)

1. Explain the basic principles of epidemiology with suitable examples.
2. Describe the main components of the healthcare delivery system in India.
3. Explain the role of the private sector in the healthcare delivery system.

D. Write Long notes (Any One)

(10 x 1 = 10)

1. Explain the role of the AYUSH system of medicine in the prevention and management of diseases.
2. Explain the differences between health systems in developing countries and developed countries.